

Academics, Artistry, Athletics, Attitude

October 09-13 , 2023

[\(For archived Newsletters please click here\)](#)

Message From School Council

Calling all Parents and Caregivers,
School Council is inviting you to come for a casual meet and greet. Maybe you have heard how amazing the Breakfast Program is at CCHS! Now is your chance to enjoy! If coming to an evening meeting and getting to know what happens at school council is just not possible, please join a couple of council representatives on Friday Oct 13th. Pop up to the school cafeteria from 8:00am - 8:30am. You can come with a pressing question or just come for coffee and breakfast to say hello.

The Breakfast Program is always looking for volunteers so if you are an early riser and are passionate about providing good nutrition to students to start their day, please contact our Principal chris.rogers@crps.ca to learn more about how you can help out.

We look forward to seeing you on the 13th, and watch for more invites throughout the year.
Happy Thanksgiving weekend to all, Parents of CCHS School Council

Get Your Wolverine Wear ([here](#)) before October 15, 2023

SHAD

Attention, high school students of Canadian Rockies Public School! Are you looking to transform your summer into an unparalleled learning experience? Look no further. Shad 2024 offers Grade 10 and 11 students an unrivalled opportunity to immerse themselves in the world of STEAM and entrepreneurship, connecting with like-minded peers from across Canada and even internationally. With two exciting program options – an on-campus experience at one of 21 premier Canadian universities, including the University of Calgary, or the flexible Shad Anywhere digital experience – there's something for everyone. [Click here for further details.](#)

CCHS Blood Drive

A Grade 12 Leadership team will be organizing several blood drives for fellow classmates this year. They will be presenting to classes about the importance of blood, organ and stem cell

donations as well as setting up an opportunity for Grade 12's to swab their cells to provide possible stem cell donations in the future. This will be orchestrated by medical staff from Blood Canada. Our first blood drive will be **Oct. 24**.

Grad Plans - Past Due !

Grade 12's a reminder that you grad plans are now past due! If you have not completed this, please bring your plans to the office on Tuesday! Read the [Grad Hand Book](#) to see how to complete your Grad Plan. Failure to submit the plan means that the schools cannot make last minute changes in Semester 2 if requirements are missing. We also need your completed Grad plan to ensure you have met the requirements to participate in commencement exercises in June.

2023-2024 Annual Demographic Update and Freedom of Information and Protection of Privacy (FOIP)

Reminder to all Parents to please go to your [Parent Portal](#) to complete your students annual Demographic Update. It is imperative that we have your correct information on file. Each year the Freedom of Information and Protection of Privacy (FOIP) Provisions consent must be completed as well which is a part of the annual update.

How to Pay School Fees

You can pay your **School Fees** online through your **PowerSchool Parent Portal Account**; the link is on the cchs.crps.ca webpage. Once you sign on, under Navigation click Student Fees.

Payments can be made by Credit Card (MasterCard & VISA) and INTERAC.

If you wish to pay by Cheque, Cash, or Tap & pay, you can do so through the CCHS Main Office.

In cases of Financial Hardship, please contact Sarah McKay in the main office for a Fee Waiver Form at 403-678-6192, or email sarah.mckay@crps.ca.

If you have any questions or concerns, please contact Sarah McKay.

Upcoming CRPS /Family Connection Centre Workshop series ([more info here](#))



Teen Brain Development and Emotions

Thursday October 19 (CCHS Theatre - Time TBA)

Description:

In this workshop, a registered social worker will discuss basic brain development and anatomy concepts as they relate to teens and adolescents, and share strategies for responding to teens and tweens' big emotions.

Boundaries and Communication

Tuesday November 7 (CCHS Theatre - Time TBA)

In this workshop, a registered social worker will share information on and strategies for setting boundaries with teens and tweens. Topics discussed will include: the importance of boundaries, communicating boundaries, the importance of saying no, and what boundaries and communication have to do with mental health and family well-being.

Mypass

Just a reminder that Grade 10 - 12 students to set up their Mypass so they can access their school transcripts and tracking their high school credits. Here is a step by step guide for setting up MyPass

PLEASE READ:

Check out our Daily School Announcements [here](#). Please check the announcements for up to date information on Team practice times.

[2023-2024 School Calendar](#)

The Week Ahead

Monday, October 09, 2023

- School Closure Thanksgiving

Tuesday, October 10, 2023

- Gender Sexuality Alliance (GSA) meeting in the Library - All welcome.
- Jazz Band - new members welcome - Lunch Time in the Music Room

Wednesday, October 11, 2023

- Student Council Rm 1210 @lunch all students welcome

Thursday, October 12, 2023

- Jazz Band - new members welcome - Lunch Time in the Music Room
- Synbio Club meeting -lunch Mr. Symington's room -Rm 1001

Friday, October 13, 2024

- **Big Breakfast - come have a free breakfast in the cafeteria**
- Block C and D
- Early Release 11:42 - Teacher Professional Development PM

Upcoming Dates

- October 14 -20: SALTS Trip
- October 16: ELAA Post Secondary Institutions Fair
- October 17: School Council 7pm
- October 18: Photo Retake
- October 25: Parent Teacher Student Conferences 5-8pm
- October 26: Parent Teacher Student Conferences 5-8 pm
- October 27: Parent Teacher Student Conferences 8.30-11.40am
- October 27: No classes for students
- November 2: Last day of Quarter 1 classes Grade 9



WimWE CCHS Grade 10 Hike Days



Group A (McQueen): September 11
Group B (Leeson): September 12
Group C (Symington): September 13
Group D (Bittner): October 3
Group E (Anderson): October 4



*C-Level Cirque Trail
Banff National Park*

FALL 2023



Grade 10 Wim & Nancy Pauw Foundation Wilderness Experience (WimWE)

WimWE is an exciting opportunity to create deeper connections between students and our local wilderness, their peers, teachers, and ultimately themselves as well as learn outdoor activity and safety skills for participating in mountain recreation in all seasons. In partnership with the Canadian Rockies Outdoor Learning Centre and with generous funding from the Wim and Nancy Pauw Foundation, CRPS is excited to offer to all Grade 10 students in the division, the Wim & Nancy Pauw Wilderness Experience which offers some unique, challenging and powerful experiences for all of our Grade 10 students. Thank you Wim & Nancy Pauw Foundation for their ongoing support for all CRPS students and for their dedication to supporting meaningful outdoor learning opportunities for our youth.

It is the expectation that all Grade 10 students participate in this program as part of their program of studies at their respective high schools. There is no cost to families for this program.

CCHS in coordination with Canadian Rockies Outdoor Learning Centre teachers and instructors have provided the following outdoor activity days for your child:

~1 full day hiking @ Bankhead and C-Level Cirque Trail, Banff National Park

~Avalanche Skills Training 1 (AST 1): access to 5 online modules (due February 1, 2024), 1/2 classroom day, and 1 field day at Lake Louise Ski Resort to complete Avalanche Skills Training 1 certification (1 credit). Students are able to start working on the online modules now. Log-in information will be in the parent form.

~1 full day cross country skiing @ Great Divide Trail, Lake Louise

~1/2 day big boat canoeing @ Two Jack Lake, Banff National Park

For WimWE this year, Grade 10 students are divided into 5 cohorts:

Group A - Mr. McQueen
Group B - Mr. Leeson
Group C - Mr. Symington
Group D - Mr. Bittner
Group E - Mr. Anderson

The Parent/Guardian Acknowledgement of Risk and Informed Consent will be emailed to you shortly.

Please complete and submit this form by Thursday, September 7.

Any questions about WimWE can be directed to crolc@crps.ca

School Fees

School fees are not yet finalized; however they will start to appear on Parent Portal as we work on the fees. Payment options and details will be provided when invoiced.

News

Registration is now live for Family Connection Centre (FCC) fall programs! All Family Connection Centre programs are 100% free of charge. To register for any of these programs, you can go through the Town of Canmore [website via this link](#) or email frnadmin@canmore.ca

Here are just some of the courses offered.

Parenting Anxious or Worried Youth (for parents and caregivers with children/youth ages 7-18)

As a part of our practical parenting series, this workshop is for parents or caregivers of children/youth who experience anxiety or worry. This program aims to increase parent's capacity to use positive parenting strategies that can help children overcome their anxiety.

Girls Connect (for youth ages 10-13)

This program is designed for self-identifying girls ages 10-13. Being a tween can be stressful and this program focuses on fostering a welcoming and safe environment to discuss, explore and ask questions on important topics. Individuals are encouraged to get involved in facilitated discussions and fun activities where there are opportunities to practice the skills needed to succeed in school, relationships, and into teenage life.



WANTED HOST FAMILIES



**CRPS is looking for new host families.
Host an international student: share your home, culture and
learn about a new one. Monthly remuneration.**

More info, please contact:

Phone: (403) 609-6072

Email: homestay@crps.ca

Address: 618 7Ave. Canmore

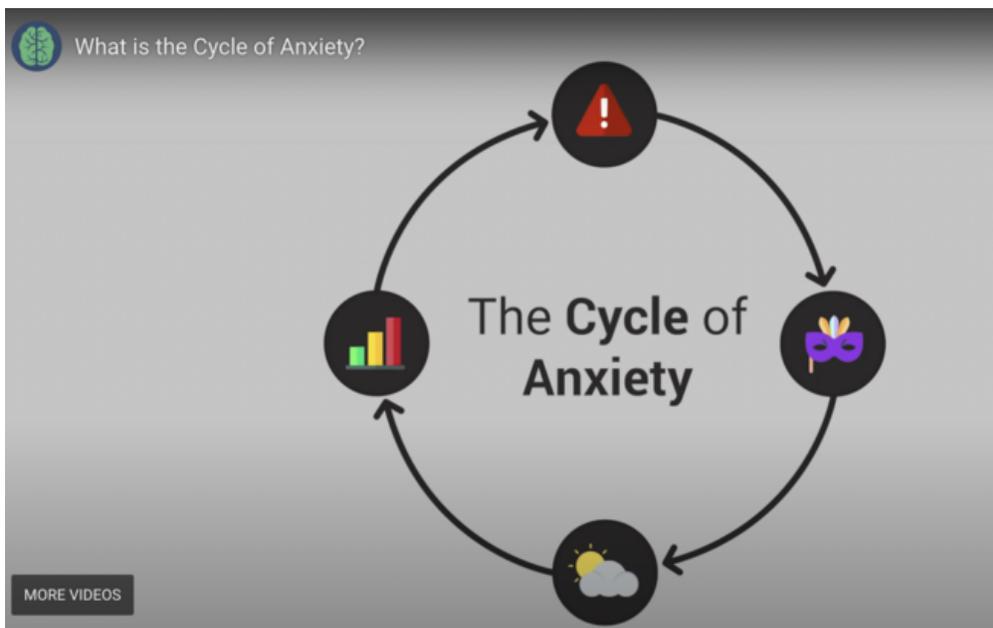


[Follow this link to find out more!](#)

Family Resource Network

[The Bow Valley Family Resource Network](#) is offering a variety of programming throughout the month of September for families with children ages 0-18. In addition to the Family Resource Network programming, the Family Connection Centre will be running drop in Social Connections programming. This programming is run through the Town of Canmore municipality. [Please click here for Social Connections programming.](#)

<https://www.youtube.com/watch?v=-CA9o9OIqM>





Check out the [Post Secondary Link](#) on our school website to learn about upcoming information!

[Link to the website is here](#)

Student Attendance

A reminder that if your student will be late for class or leaving class early, please Call the attendance line at 403-678- 6192 ext 1 .

Leaving class early:

If your student must leave school early for the day or for part of the day, for an appointment, please notify the school. Students must sign in and out of the office if they are leaving school or returning after an appointment (note this in not required during lunch hour).

Extra Curricular News

As a school we are working hard to balance the requirement to keep our students safe with social distancing, good hand hygiene and masking, with extra curricular initiatives. We do ask that students who are not directly working with teachers or involved in an extracurricular activity leave school at 3:30 so that we can properly clean our spaces.



Please ensure you can logon to Parent Portal. Look for the PowerSchool button on our school webpage or [click here](#). This is where you will access daily updates on your student's marks and attendance, school fees and more. Final term report cards are also shared with you through Parent Portal and are not mailed out from the school.

** Alberta Education has now made student access to their official transcript of marks available to all grade 10- 12 student available through a myPass account (myPass.alberta.ca). Grade 10 marks will first appear after the first semester.

Upcoming

Missing important happenings at CCHS? But are awash in emails? Find information through one of the medium listed below. Get connected become involved.
[school website calendar](#).

- Follow us on Facebook ([here](#))
- Join us on Twitter for quick updates. [@CCHS Canmore](#)
- Follow us on Instagram – [cchs.canmore](#)
- Follow our YouTube channel for happenings at CCHS in 60-90 secs. – [Collegiate Corner](#)-
- Check out our Daily School Announcements [here](#).-
- 2020/2021 [Student Handbook is here](#). Find important CCHS dates such as parent/teacher interviews, course change information, exams and much more.
- Past Newsletters can be found [here](#).