Academics, Artistry, Athletics, Attitude

May 29 - June 02, 2023

(For archived Newsletters please click here)



CRPS Summer School Registration now open.

For students who need to improve their grades or catch up on missed credits, the CRPS summer school is now taking registrations. This year summer school will run from July 3 to July 21 and be delivered in a virtual format. For further details refer to the link on the CRPS website under 'Programs'.

Diploma Exams, Provincial Assessment Tests and School Exam Timetable

The June exam timetable is on our website.

CCHS June 2023 Final Exam Timetable

Grad 2023 updates

We have extended this deadline to May 30th. Grade 12s - please apply!

Graduating Class of 2023 - Class Valedictorian

Graduating students wishing to be considered for the role of CCHS Valedictorian at the 2023 Commencement Ceremony must:

- Complete this application and submit it directly to Mr.
 Rogers no later than 3:30 pm on May 26, 2023
- Attend a brief meeting on May 30th, 2023 at 1:00 pm. Location TBA
- Prepare your Valedictory Address for presentation
- Presentation of above on Week of June 5-9, 2023.
 Location TBA



Please follow the <u>link here</u> (or on the <u>Grad Page of our school website</u>) to get your application and learn more.

Mypass

Just a reminder that Grade 10 - 12 students to set up their Mypass so they can access their school transcripts and tracking their high school credits. Here is a step by step guide for setting up MyPass

PLEASE READ:

Check out our Daily School Announcements <u>here</u>.

2022 -2023 School Calendar

2023-2024 School Calendar



The Week Ahead

Monday, May 29

Provincial Election -school closed for students, CCHS is a polling station, Staff PD Day

Tuesday, May 30

- Media Club @ Lunch in the Makerspace room
- CCHS School Council 7:00 pm CCHS Library (Draft Agenda with Virtual Link)

Wednesday, May 31

- SynBio Club @ Lunch in the Biology Lab
- Student Council @ Lunch Rm 1112

Thursday, June 01

12 hours of Spin

Friday, June 02

- Big Breakfast come have a free breakfast in the cafeteria
- Half Day for students.

Some Key Dates you do not want to miss.

- June 7th CCHS Athletic Awards
- June 8th CCHS Raven Awards 6pm
- June 15th Last day of regular classes
- June 16 June 28 June Exam Week
- June 21 National Indigenous People's Day No Exams
- June 29th CCHS Commencement Ceremony

News

Bertram Dyck Leadership Bursary (\$1000)

The Bertram Dyck Bursary was created by the Town of Canmore to honour Bert's many years of leadership in our community - first as mayor for two terms from October 1992 until October 1998, and then as Chief Administrative Officer from March 5, 2001 until his retirement on May 15, 2005.

The **\$1,000 Leadership Bursary** is awarded annually to a Grade 12 graduating student residing in Canmore. Applicants must compose and submit a minimum

500-word essay on Leadership. The essay is due to the Town of Canmore by May 31, 2023 to

municipal.clerk@canmore.ca or by dropping off a print copy at the Civic Centre at 902 7 th Avenue.

Upcoming Free Youth and Teen Programs

Teen Girls Wellness Retreat (Ages 12-16)

Description: The Teen Girls Wellness Retreat is an opportunity for female-identifying individuals ages 12-16 to develop mental and physical self-care and wellness skills alongside their peers in a supportive and fun environment. Activities include art, goal setting, guided meditation, movement, and learning about topics such as mental health, nutrition, and body image. **Equipment needed:** Packed peanut-free lunch. **Program Date:** Friday July 14, 10a.m.- 3 p.m.

Art of Conversation (For parents with teens 12+)

Description: Art of Conversation is a program for youth/teens ages 12+ and their

parent/guardian/grandparent to create, connect and communicate in a supportive setting. Participants will explore a different creative medium each week, connecting and strengthening their relationships as they work together to learn something new. No artistic experience necessary. **Program Date:** Fridays May 26, June 9 and 23, and July 7 and 21 from 6 – 8 p.m. To register for any of these programs, please email me(Alida Kelly alida.kelly@canmore.ca)Alida Kelly RSW (she/her) why do I include this? Youth/Teen Family Support WorkerFamily Connection CentreTown of Canmore(403) 678-8944

Key Study Guides Available - click here to learn more.



- The KEY Study Guides Mathematics, English Language
 Arts, Science, and Social Studies courses across grades 3 to
 12. Grade 12 Math and Science KEYs have been updated to
 include questions from recently released Diploma exams.
 \$20.00 per copy
- Student Notes and Problems (SNAP) Workbooks –
 Instructional content, practice exercises, and unit assessments covering the breadth and depth of select Science and Mathematics courses. \$20.00 per copy

Parent Resource - 6 Pillars of Well Being. https://www.seethesigns.ca/resources/

Electronic Smoking Devices: <Link Here

Bow Valley Settlement Services Information and March newsletter Click Here.

Follow the <u>link</u> to view the highlights in the new look 'The Brief' from the March Public School Board Meeting.

School Fees

School Fees have now been posted in your PowerSchool account.

How to Pay School Fees

You can pay your **School Fees** online through your **PowerSchool Parent Portal Account**; the link is on the <u>cchs.crps.ca</u> webpage. Once you sign on, under Navigation click Student Fees.

Payments can be made by Credit Card (MasterCard & VISA) and INTERAC.

If you wish to pay by Cheque, Cash, or Tap & pay, you can do so through the CCHS Main Office.

In cases of Financial Hardship, please contact Sarah McKay in the main office for a Fee Waiver Form at 403-678-6192, or email sarah.mckay@crps.ca.

If you have any questions or concerns, please contact Sarah McKay.

Flu Season and COVID reminders

Please remain at home if you are displaying **flu or COVID-19 symptoms** and follow the current recommendations for staying away from work or school if displaying symptoms. We request that parents do not send their child to school if they feel ill. Please let us know they are absent due to an illness so we can keep track of any potential outbreaks which are considered 10% or more of the student population. Read this <u>letter dated November 2023 from the Interim Chief and Senior Medical Officers of Health in relation to the rise in influenza cases seen in school recently. If your child tests positive for COVID-19 please read the advice for isolation: https://www.albertahealthservices.ca/topics/Page17239.aspx</u>



WANTED HOST FAMILIES



CRPS is looking for new host families.

Host an international student: share your home, culture and learn about a new one. Monthly remuneration.

More info, please contact:

Phone: (403) 609-6072

Email: homestay@crps.ca

Address: 618 7Ave. Canmore





HeART Talk

Art Therapy Grief Support Group for Ages 14-17



If you are 14 - 17 years old and are looking for an inclusive, safe space to explore loss and grief then "HeART Talk" is for you.

In Art therapy, feelings and thoughts can be communicated without the use of words. Emotions can be explored in a drawing, painting, or a sculpture. They can be released onto a page or a canvas or kneaded into a piece of clay. Art-making can be soothing and calming, providing a safe outlet for relieving stress and releasing excess energy. Art therapy can also help the bereaved to celebrate positive memories by creating specific art-based pieces.



DETAILS:

In this 4-session group, participants will begin exploring their personal experience of loss by reflecting on their inner feelings, considering artful ways to cope, while finding support and encouragement from others who are sharing a similar journey.

Facilitators:

Bill Harder, Palliative and Grief Support Navigator from the Palliative Care Society of the Bow Valley and Vancouver Art Therapy Institute Student, Deanne Arada.

- · Cost is \$20 for supplies
- · Date and time to be determined with participants

Contact Bill at bill.harderepcsbv.ca to get more information and register.

PARENT/GUARDIAN:

Your teens are invited to attend this grief support group. This is an art-therapy group to provide tools to deepen their journey of sorrow in a safe space through mindful art-making and sharing with peers.

We are committed to inclusion. This group honors gender, racial, and neural diversity.

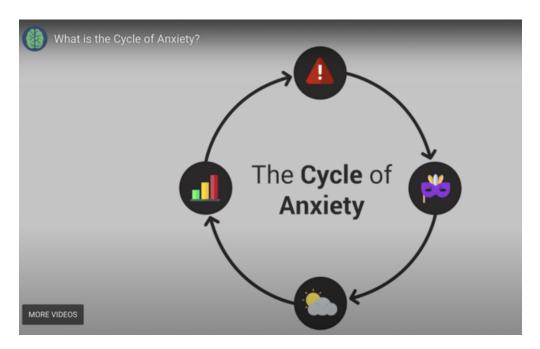
> #202 - 1080 Railway Avenue Canmore, Alberta TIW 1P4 403-458-0433

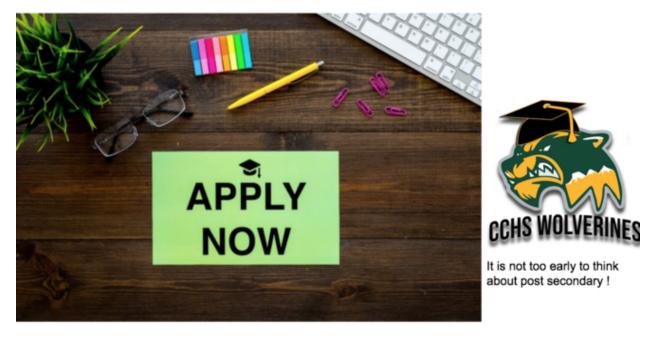
> > PCSBV.CA

Family Resource Network

<u>The Bow Valley Family Resource Network</u> is offering a variety of programming throughout the month of September for families with children ages 0-18. In addition to the Family Resource Network programming, the Family Connection Centre will be running drop in Social Connections programming. This programming is run through the Town of Canmore municipality. <u>Please click here for Social Connections programming.</u>

https://www.youtube.com/watch?v=-CAd9o9OlqM





Check out the Post Secondary Link on our school website to learn about upcoming information!

Link to the website is here

Student Attendance

A reminder that if your student will be late for class or leaving class early, please Call the attendance line at 403-678- 6192 ext 1.

Leaving class early:

If your student must leave school early for the day or for part of the day, for an appointment, please notify the school. Students must sign in and out of the office if they are leaving school or returning after an appointment (note this in not required during lunch hour).

Extra Curricular News

As a school we are working hard to balance the requirement to keep our students safe with social distancing, good hand hygiene and masking, with extra curricular initiatives. We do ask that students who are not directly working with teachers or involved in an extracurricular activity leave school at 3:30 so that we can properly clean our spaces.

Please ensure you can logon to Parent Portal. Look for the PowerSchool button on our school webpage or <u>click here</u>. This is where you will access daily updates on your student's marks and attendance, school fees and more. Final term report cards are also shared with you through Parent Portal and are not mailed out from the school.

** Alberta Education has now made student access to their official transcript of marks available to all grade 10- 12 student available through a myPass account (<u>myPass.alberta.ca</u>). Grade 10 marks will first appear after the first semester.

Upcoming

PowerSchool

Missing important happenings at CCHS? But are awash in emails? Find information through one of the medium listed below. Get connected become involved. school website calendar.

- Follow us on Facebook (here)
- Join us on Twitter for quick updates. @CCHS Canmore
- Follow us on Instagram cchs.canmore
- Follow our YouTube channel for happenings at CCHS in 60-90 secs. <u>Collegiate</u>
 Corner-
- Check out our Daily School Announcements <u>here</u>.-
- 2020/2021 <u>Student Handbook is here.</u> Find important CCHS dates such as parent/teacher interviews, course change information, exams and much more.
- Past Newsletters can be found <u>here</u>.