#### Academics, Artistry, Athletics, Attitude

June 12 - June 16, 2023

### (For archived Newsletters please click here)

INSPIRING hearts Minds	Improve your grades or catch up
CANADIAN ROCKIES	on missing credits.
PLAKE Schools	Learn online weekdays
VIRTUAL	from 8:30 am to 2:30 pm!
SUMMER SCHOOL JULY 2023 High School Students in Alberta Gr. 10 to 12 More Information 403-707-5553 myka.piekenbrock@crps.ca	Honday to Friday - July 3rd to July 21st •You will need access to a personal computer and wifi to participate.

#### CRPS Summer School Registration now open.

For students who need to improve their grades or catch up on missed credits, the CRPS summer school is now taking registrations. This year summer school will run from July 3 to July 21 and be delivered in a virtual format. For further details refer to the link on the CRPS website under <u>'Programs'</u>.

#### **Diploma Exams, Provincial Assessment Tests and School Exam Timetable**

The June exam timetable is on our website.

# **CCHS June 2023 Final Exam Timetable**

Students are expected to turn up for exams as scheduled. If a student is ill on the morning of an exam parents should call the school as soon as possible. In this situation the school final exams and PATs can be written after the date scheduled so students will be expected to arrange an alternative date with your teacher in order to pass the course. Diploma exams are fixed and **cannot be changed** on the schedule. If a student misses the diploma on the date set then they will need to take the exam in Calgary in August. All students should arrive at 8.45 for their exam.

Students may bring water and snacks that are not noisy to eat. No hats, cell phones or Smart watches are allowed in the exam room.

### Student Timetables 2023-2024

We are still working on student timetables and hope to have them available to families early this coming week. We will notify families when we have given students their timetable to take home for families to review. When we notify families of the timetable release, we will also info you how students can book times in June to make change requests.

# **Cosmetology Client Services Promotion**

June 7-9 and June 12-14

Cosmetology is inviting clients during Blocks B, C, D.

Please call CCHS (403) 678-6192 Ext 6340

Or email pamela.dittrich@crps.ca

The following Services will be provided

- 1. Shampoo and Style
- 2. Scalp Treatment
- 3. Deep Condition
- 4. Basic Manicure
- 5. Style only (Curling or flat ironing hair)
- 6. Grad Hair Trials
- 7. BASIC Haircuts Block C only (sorry no short clipper cuts at this time)

These services are free or by donation only. We are providing these services to showcase and introduce the program opportunities.

#### Mypass

Just a reminder that Grade 10 - 12 students to set up their Mypass so they can access their school transcripts and tracking their high school credits. Here is a step by step guide for setting up MyPass

PLEASE READ:

Check out our Daily School Announcements here.

2022 - 2023 School Calendar

2023-2024 School Calendar

# The Week Ahead

#### Monday, June 12

- Big Breakfast come have a free breakfast in the cafeteria
- Part A of English 30-1 and 30-2 Diploma exams

#### Tuesday, June 13

- Part A of Social Studies 30-1 and 30-2 Diploma exams
- Media Club @ Lunch in the Makerspace room
- CCHS School Council Meeting 7 pm in the CCHS Library (<u>Agenda</u> with virtual meeting link)

#### Wednesday, June 14

- SynBio Club @ Lunch in the Biology Lab
- Student Council @ Lunch Rm 1112

#### Thursday, June 15

Last Day of Regular Classes/Locker clean out

#### Friday, June 16

• June Exams Begin - please refer to our exam schedule.

# Some Key Dates you do not want to miss.

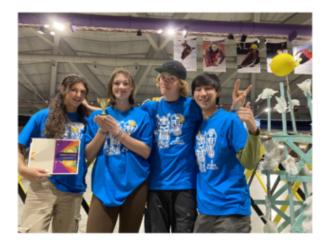
- June 21 National Indigenous People's Day No Exams
- June 29th CCHS Commencement Ceremony 11 am at CCHS

News

Congratulations to the CCHS SynBio Club who was awarded a <u>\$1500 Runner Up Prototype</u> from the Mindfuel's Tech Futures Challenge presented at the Calgary MakerFaire this past weekend!!!



# Congratulations to our Science Olympics Team! 1st place out of 24 teams from Southern Alberta



- Ko Ueno
- Kacee Stick
- Jay Porter
- Louise Gosse
- Max Zoffmann
- Danton Holloway
- Mabel Treustedt
- Morgan Craig-Murphy

#### **Upcoming Free Youth and Teen Programs**

# Teen Girls Wellness Retreat (Ages 12-16)

**Description:** The Teen Girls Wellness Retreat is an opportunity for female-identifying individuals ages 12-16 to develop mental and physical self-care and wellness skills alongside their peers in a supportive and fun environment. Activities include art, goal setting, guided meditation, movement, and learning about topics such as mental health, nutrition, and body image. **Equipment needed:** Packed peanut-free lunch. **Program Date**: Friday July 14,

10a.m.- 3 p.m.

Art of Conversation (For parents with teens 12+)
Description: Art of Conversation is a program for youth/teens ages 12+ and their parent/guardian/grandparent to create, connect and communicate in a supportive setting. Participants will explore a different creative medium each week, connecting and strengthening their relationships as they work together to learn something new. No artistic experience necessary. Program Date: Fridays May 26, June 9 and 23, and July 7 and 21 from 6 – 8 p.m. To register for any of these programs, please email me(Alida Kelly <a href="mailto:alida.kelly@canmore.ca">alida.kelly@canmore.ca</a>)Alida Kelly RSW (she/her) why do I include this? Youth/Teen Family Support WorkerFamily Connection CentreTown of Canmore(403) 678-8944

Parent Resource - 6 Pillars of Well Being. https://www.seethesigns.ca/resources/

# Electronic Smoking Devices: <Link Here

Bow Valley Settlement Services Information and March newsletter Click Here.

Follow the <u>link</u> to view the highlights in the new look 'The Brief' from the March Public School Board Meeting.

# School Fees

#### School Fees have now been posted in your PowerSchool account.

#### How to Pay School Fees

You can pay your **School Fees** online through your **PowerSchool Parent Portal Account**; the link is on the <u>cchs.crps.ca</u> webpage. Once you sign on, under Navigation click Student Fees.

Payments can be made by Credit Card (MasterCard & VISA) and INTERAC.

If you wish to pay by Cheque, Cash, or Tap & pay, you can do so through the CCHS Main Office.

In cases of Financial Hardship, please contact Sarah McKay in the main office for a Fee Waiver Form at 403-678-6192, or email sarah.mckay@crps.ca.

If you have any questions or concerns, please contact Sarah McKay.



CRPS is looking for new host families. Host an international student: share your home, culture and learn about a new one. Monthly remuneration.

More info, please contact: Phone: (403) 609-6072 Email: homestay@crps.ca Address: 618 7Ave. Canmore





# HeART Talk

Art Therapy Grief Support Group for Ages 14-17



If you are 14 - 17 years old and are looking for an inclusive, safe space to explore loss and grief then "HeART Talk" is for you.

In Art therapy, feelings and thoughts can be communicated without the use of words. Emotions can be explored in a drawing, painting, or a sculpture. They can be released onto a page or a canvas or kneaded into a piece of clay. Art-making can be soothing and calming, providing a safe outlet for relieving stress and releasing excess energy. Art therapy can also help the bereaved to celebrate positive memories by creating specific art-based pieces.



#### DETAILS:

In this 4-session group, participants will begin exploring their personal experience of loss by reflecting on their inner feelings, considering artful ways to cope, while finding support and encouragement from others who are sharing a similar journey.

#### Facilitators:

Bill Harder, Palliative and Grief Support Navigator from the Palliative Care Society of the Bow Valley and Vancouver Art Therapy Institute Student, Deanne Arada.

- Cost is \$20 for supplies
- · Date and time to be determined with participants

Contact Bill at bill.harder@pcsbv.ca to get more information and register.

#### PARENT/GUARDIAN:

Your teens are invited to attend this grief support group. This is an art-therapy group to provide tools to deepen their journey of sorrow in a safe space through mindful art-making and sharing with peers.

We are committed to inclusion. This group honors gender, racial, and neural diversity.

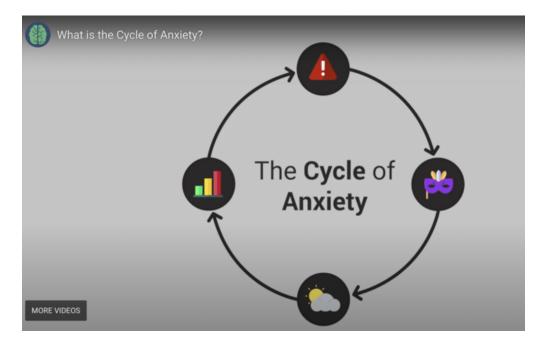
> #202 - 1080 Railway Avenue Canmore, Alberta T1W 1P4 403-458-0433

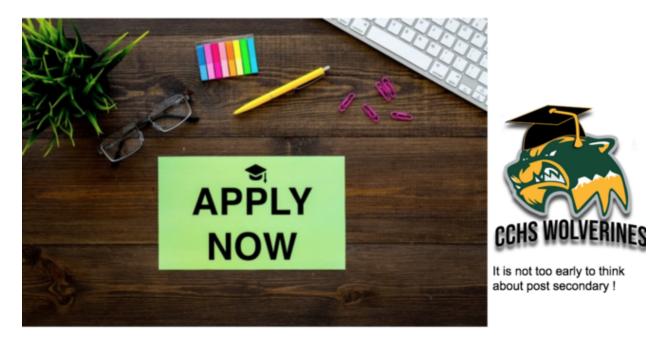
> > PCSBV.CA

#### Family Resource Network

<u>The Bow Valley Family Resource Network</u> is offering a variety of programming throughout the month of September for families with children ages 0-18. In addition to the Family Resource Network programming, the Family Connection Centre will be running drop in Social Connections programming. This programming is run through the Town of Canmore municipality. <u>Please click here for Social Connections programming</u>.

# https://www.youtube.com/watch?v=-CAd9o9OlqM





Check out the Post Secondary Link on our school website to learn about upcoming information!

#### Link to the website is here

#### **Student Attendance**

A reminder that if your student will be late for class or leaving class early, please Call the attendance line at 403-678- 6192 ext 1 .

#### Leaving class early:

If your student must leave school early for the day or for part of the day, for an appointment, please notify the school. Students must sign in and out of the office if they are leaving school or returning after an appointment (note this in not required during lunch hour).

#### **Extra Curricular News**

As a school we are working hard to balance the requirement to keep our students safe with social distancing, good hand hygiene and masking, with extra curricular initiatives. We do ask that students who are not directly working with teachers or involved in an extracurricular activity leave school at 3:30 so that we can properly clean our spaces.



Please ensure you can logon to Parent Portal. Look for the PowerSchool button on our school webpage or <u>click here</u>. This is where you will access daily updates on your student's marks and attendance, school fees and more. Final term report cards are also shared with you through Parent Portal and are not mailed out from the school.

\*\* Alberta Education has now made student access to their official transcript of marks available to all grade 10- 12 student available through a myPass account (<u>myPass.alberta.ca</u>). Grade 10 marks will first appear after the first semester.

# Upcoming

**Missing important happenings at CCHS?** But are awash in emails? Find information through one of the medium listed below. Get connected become involved. <u>school website calendar</u>.

- Follow us on Facebook (here)
- Join us on Twitter for quick updates. @CCHS Canmore
- Follow us on Instagram cchs.canmore
- Follow our YouTube channel for happenings at CCHS in 60-90 secs. <u>Collegiate</u> <u>Corner</u>-
- Check out our Daily School Announcements here.-
- 2020/2021 <u>Student Handbook is here.</u> Find important CCHS dates such as parent/teacher interviews, course change information, exams and much more.
- Past Newsletters can be found here.