

Academics, Artistry, Athletics, Attitude

May 8 - May 12, 2023

([For archived Newsletters please click here](#))

Cafeteria Menu May 8th-12th

Chef Opinga - Weekly Specials



	Special	with....	Vegetable
Monday	Honey Dill Chicken Wrap	Fries	
Tuesday	Bacon Mac and Cheese	Garlic breadstick	
Wednesday	Shepherds Pie	Side Salad	
Thursday	Corned Beef Reuben Sandwich	Soup of the day	
Friday	Poutine	\$6.50 For Special!	

CRPS Summer School Registration opens on May 7th

For students who need to improve their grades or catch up on missed credits, the CRPS summer school is ready for taking registrations from May 7th. This year the summer school will run from July 3rd to July 21st and is delivered in a virtual format. For further details refer to the link on the CRPS website under [‘Programs’](#).

Student Hiring Fair

On May 25th from 9-11am at CCHS CRPS is connecting Bow Valley employers with our Grade 9-12 students and hosting a hiring fair. As an employer if you are interested in attending please complete this [booking form](#). Also have a look at the [CRPS website](#) for more details. Nearer the time we will organise the logistics for our students to attend this.

Diploma Exams, Provincial Assessment Tests and School Exam Timetable

The June exam timetable will soon be available on our website. Grade 9 should note that the first PAT for English Language Arts is on Monday May 15th. More information will be shared with Grade 9s in class and in next week's newsletter.

SALTS FALL (2023) Trip

*If you are interested in sailing on a tall ship next fall, there is a student & parent info meeting on:
Tuesday, May 16th @ 6:30pm in room 1214

*If you have already attended a meeting and are on the list, please pay your deposit (\$500) by May 31st
*If you are interested but are not on the list, please attend this meeting.

*If you have any questions please see Mrs. MacKinnon

A photograph of a tall ship with white sails sailing on the water. The ship is positioned on the right side of the image, with its sails fully deployed. The background shows a calm sea and distant mountains under a clear sky.

Mypass

Just a reminder that Grade 10 - 12 students to set up their Mypass so they can access their school transcripts and tracking their high school credits. Here is a step by step guide for setting up MyPass

PLEASE READ:

Check out our Daily School Announcements [here](#).

[2022 -2023 School Calendar](#)

[2023-2024 School Calendar](#)

The Week Ahead

Monday, May 08

- **Big Breakfast - come have a free breakfast in the cafeteria**

Tuesday, May 09

- Media Club @ Lunch in the Makerspace room

Wednesday, May 10

- SynBio Club @ Lunch in the Biology Lab
- Student Council @ Lunch Rm 1112

Thursday, May 11

- May 4 - Grade 8 Tour of CCHS

Friday, May 12

- **Big Breakfast - come have a free breakfast in the cafeteria**

Some Key Dates you do not want to miss.

- **Monday May 15th** -English Language Arts Part A Provincial Assessment Test Grade 9
- May 16th - SALTS Meeting 6:30 pm
- Monday May 22nd -Victoria Day - no school for students
- Monday May 29th -Provincial Elections - no school for students / Staff PD Day
- June 01/02 - 12 hours of Spin
- Friday June 2nd -Half Day Friday

News

Key Study Guides Available - click here to learn more.



- ◆ **The KEY Study Guides** - Mathematics, English Language Arts, Science, and Social Studies courses across grades 3 to 12. **Grade 12 Math and Science KEYs have been updated to include questions from recently released Diploma exams.** \$20.00 per copy
- ◆ **Student Notes and Problems (SNAP) Workbooks** – Instructional content, practice exercises, and unit assessments covering the breadth and depth of select Science and Mathematics courses. \$20.00 per copy

Parent Resource - 6 Pillars of Well Being. <https://www.seethesigns.ca/resources/>

Electronic Smoking Devices: ‹[Link Here](#)

Bow Valley Settlement Services Information and March newsletter [Click Here.](#)

Follow the [link](#) to view the highlights in the new look 'The Brief' from the March Public School Board Meeting.

School Fees

School Fees have now been posted in your PowerSchool account.

How to Pay School Fees

You can pay your **School Fees** online through your **PowerSchool Parent Portal Account**; the link is on the cchs.crps.ca webpage. Once you sign on, under Navigation click Student Fees.

Payments can be made by Credit Card (MasterCard & VISA) and INTERAC.

If you wish to pay by Cheque, Cash, or Tap & pay, you can do so through the CCHS Main Office.

In cases of Financial Hardship, please contact Sarah McKay in the main office for a Fee Waiver Form at 403-678-6192, or email sarah.mckay@crps.ca.

If you have any questions or concerns, please contact Sarah McKay.

Flu Season and COVID reminders

Please remain at home if you are displaying **flu or COVID-19 symptoms** and follow the current recommendations for staying away from work or school if displaying symptoms. We request that parents do not send their child to school if they feel ill. Please let us know they are absent due to an illness so we can keep track of any potential outbreaks which are considered 10% or more of the student population. Read this [letter dated November 2023 from the Interim Chief and Senior Medical Officers of Health](#) in relation to the rise in influenza cases seen in school recently. If your child tests positive for COVID-19 please read the advice for isolation: <https://www.albertahealthservices.ca/topics/Page17239.aspx>



WANTED HOST FAMILIES



**CRPS is looking for new host families.
Host an international student: share your home, culture and
learn about a new one. Monthly remuneration.**

More info, please contact:

Phone: (403) 609-6072

Email: homestay@crps.ca

Address: 618 7Ave. Canmore



[Follow this link to find out more!](#)



Palliative Care Society
of the Bow Valley

HeART Talk

Art Therapy Grief Support Group for Ages 14-17



If you are 14 - 17 years old and are looking for an inclusive, safe space to explore loss and grief then "HeART Talk" is for you.

In Art therapy, feelings and thoughts can be communicated without the use of words. Emotions can be explored in a drawing, painting, or a sculpture. They can be released onto a page or a canvas or kneaded into a piece of clay. Art-making can be soothing and calming, providing a safe outlet for relieving stress and releasing excess energy. Art therapy can also help the bereaved to celebrate positive memories by creating specific art-based pieces.



DETAILS:

In this 4-session group, participants will begin exploring their personal experience of loss by reflecting on their inner feelings, considering artful ways to cope, while finding support and encouragement from others who are sharing a similar journey.

Facilitators:

Bill Harder, Palliative and Grief Support Navigator from the Palliative Care Society of the Bow Valley and Vancouver Art Therapy Institute Student, Deanne Arada.

- Cost is \$20 for supplies
- Date and time to be determined with participants

**Contact Bill at bill.harderepcsbv.ca
to get more information and register.**

PARENT/GUARDIAN:

Your teens are invited to attend this grief support group. This is an art-therapy group to provide tools to deepen their journey of sorrow in a safe space through mindful art-making and sharing with peers.

We are committed to inclusion. This group honors gender, racial, and neural diversity.

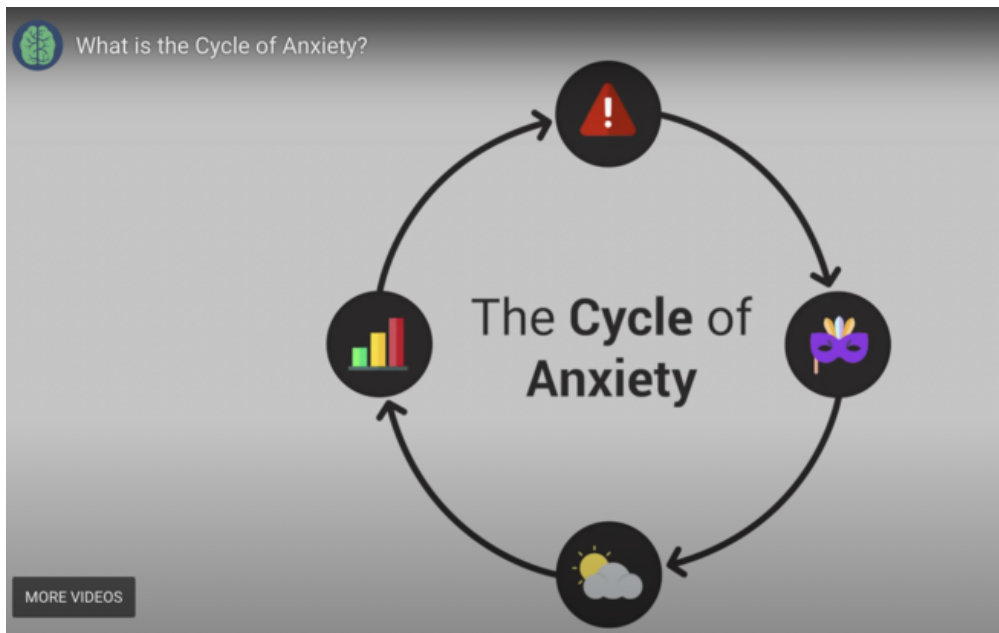
#202 - 1080 Railway Avenue
Canmore, Alberta T1W 1P4
403-458-0433

PCSBV.CA

Family Resource Network

[The Bow Valley Family Resource Network](#) is offering a variety of programming throughout the month of September for families with children ages 0-18. In addition to the Family Resource Network programming, the Family Connection Centre will be running drop in Social Connections programming. This programming is run through the Town of Canmore municipality. [Please click here for Social Connections programming.](#)

<https://www.youtube.com/watch?v=-CAd9o9OIqM>





Check out the [Post Secondary Link](#) on our school website to learn about upcoming information!

[Link to the website is here](#)

Student Attendance

A reminder that if your student will be late for class or leaving class early, please Call the attendance line at 403-678- 6192 ext 1 .

Leaving class early:

If your student must leave school early for the day or for part of the day, for an appointment, please notify the school. Students must sign in and out of the office if they are leaving school or returning after an appointment (note this in not required during lunch hour).

Extra Curricular News

As a school we are working hard to balance the requirement to keep our students safe with social distancing, good hand hygiene and masking, with extra curricular initiatives. We do ask that students who are not directly working with teachers or involved in an extracurricular activity leave school at 3:30 so that we can properly clean our spaces.



Please ensure you can logon to Parent Portal. Look for the PowerSchool button on our school webpage or [click here](#). This is where you will access daily updates on your student's marks and attendance, school fees and more. Final term report cards are also shared with you through Parent Portal and are not mailed out from the school.

** Alberta Education has now made student access to their official transcript of marks available to all grade 10- 12 student available through a myPass account (myPass.alberta.ca). Grade 10 marks will first appear after the first semester.

Upcoming

Missing important happenings at CCHS? But are awash in emails? Find information through one of the medium listed below. Get connected become involved.
[school website calendar](#).

- Follow us on Facebook ([here](#))
- Join us on Twitter for quick updates. [@CCHS Canmore](#)
- Follow us on Instagram – [cchs.canmore](#)
- Follow our YouTube channel for happenings at CCHS in 60-90 secs. – [Collegiate Corner](#)-
- Check out our Daily School Announcements [here](#).-
- 2020/2021 [Student Handbook is here](#). Find important CCHS dates such as parent/teacher interviews, course change information, exams and much more.
- Past Newsletters can be found [here](#).