

Academics, Artistry, Athletics, Attitude

June 05 - June 09, 2023

[\(For archived Newsletters please click here\)](#)

The advertisement is split into two main sections. The left section features the CRPS logo with the tagline 'inspiring hearts & minds' and 'CANADIAN ROCKIES Public Schools'. Below this, the text reads 'VIRTUAL SUMMER SCHOOL JULY 2023' in large, bold letters, followed by 'High School Students in Alberta Gr. 10 to 12'. At the bottom of this section, there is a blue button with 'More Information' and the phone number '403-707-5553', and the email address 'myka.piekenbrock@crps.ca'. The right section has a dark blue background with white text: 'Improve your grades or catch up on missing credits. Learn online weekdays from 8:30 am to 2:30 pm! Monday to Friday - July 3rd to July 21st'. A small note below says '*You will need access to a personal computer and wifi to participate.''. At the bottom of the right section, there are two illustrations: one of a woman sitting on a pink exercise bike at a desk with a laptop, and another of a man sitting at a desk with a laptop.

CRPS Summer School Registration now open.

For students who need to improve their grades or catch up on missed credits, the CRPS summer school is now taking registrations. This year summer school will run from July 3 to July 21 and be delivered in a virtual format. For further details refer to the link on the CRPS website under '[Programs](#)'.

Diploma Exams, Provincial Assessment Tests a

nd School Exam Timeta

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The June exam timetable is on our website.

[CCHS June 2023 Final Exam Timetable](#)



Cosmetology Client Services Promotion

June 7-9 and June 12-14

Cosmetology is inviting clients during Blocks B, C, D.

Please call CCHS (403) 678-6192 Ext 6340

Or email pamela.dittrich@crps.ca

The following Services will be provided

1. *Shampoo and Style*
2. *Scalp Treatment*
3. *Deep Condition*
4. *Basic Manicure*
5. *Style only (Curling or flat ironing hair)*
6. *Grad Hair Trials*
7. *BASIC Haircuts Block C only (sorry no short clipper cuts at this time)*

These services are free or by donation only. We are providing these services to showcase and introduce the program opportunities.

Mypass

Just a reminder that Grade 10 - 12 students to set up their Mypass so they can access their school transcripts and tracking their high school credits. Here is a step by step guide for setting up MyPass

PLEASE READ:

Check out our Daily School Announcements [here](#).

[2022 -2023 School Calendar](#)

[2023-2024 School Calendar](#)

The Week Ahead

Monday, June 05

- **Big Breakfast - come have a free breakfast in the cafeteria**

Tuesday, June 06

- Big boating sessions for the CCHS Grade 10s at Two Jack Lake
 - AM - Ms. Irvine's B Block Class
 - PM - Ms. Irvines D Block Class
- Media Club @ Lunch in the Makerspace room

Wednesday, June 07

- Big boating sessions for the CCHS Grade 10s at Two Jack Lake
 - AM - Mr. McQueen's Block B Class
 - PM- Mr. McQueen's Block D Class
- SynBio Club @ Lunch in the Biology Lab
- Student Council @ Lunch Rm 1112
- CCHS Athletic Awards - 6:30 pm in the Gym

Thursday, June 08

- Big boating sessions for the CCHS Grade 10s at Two Jack Lake
 - AM - Mr. Skinner's Humanities 10 Class
- CCHS Raven Awards 6pm

Friday, June 09

- **Big Breakfast - come have a free breakfast in the cafeteria**
- GSA Open Mic Night 5-8 pm

Some Key Dates you do not want to miss.

- June 15th - Last day of regular classes
- June 16 - June 28 - June Exam Week
- June 21 - National Indigenous People's Day - No Exams
- June 29th - CCHS Commencement Ceremony

Big boating sessions for the CCHS Grade 10s at Two Jack Lake More Info.

8:30am Departure from school Group AM

11:25pm Arrival to school Group AM --> students go to C Block

11:30pm Departure from school Group Pm

3:00pm Arrival to school Group PM

GEAR LIST for Big Boat Canoeing

Please wear/bring all of the following items. It is important for the comfort, safety, and enjoyment of the entire group that all participants are outfitted appropriately.

Clothing:

-close-toed shoes only (NO SANDALS or FLIP FLOPS)-extra warm layer-quick dry clothing-sun hat / buff-rain/wind jacket-recommended: rain pants and a set of extra clothes

Outdoor Gear:

- Day Pack
- 1 Litre full Water bottle
- snacks

Personal Items:

- Personal Medications
- Lip Balm/sunscreen
- Sunglasses

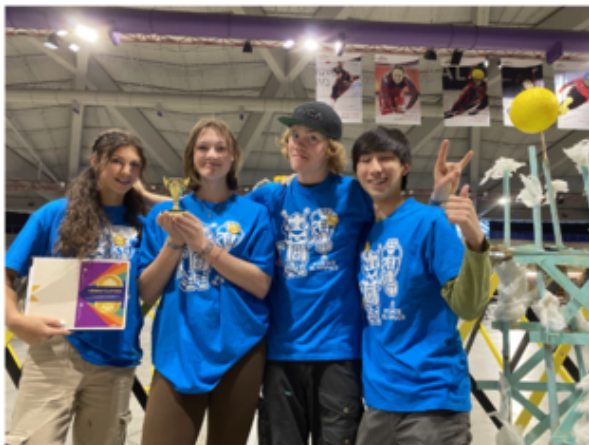
Please check the weather forecast prior to your canoeing half-day and be prepared for the weather!

News

Congratulations to the **CCHS SynBio Club**
who was awarded a
\$1500 Runner Up Prototype
from the Mindfuel's Tech Futures Challenge
presented at the Calgary MakerFaire this past weekend!!!



Congratulations to our Science Olympics Team!
1st place out of 24 teams from Southern Alberta



- Ko Ueno
- Kacee Stick
- Jay Porter
- Louise Gosse
- Max Zoffmann
- Danton Holloway
- Mabel Treustedt
- Morgan Craig-Murphy

Upcoming Free Youth and Teen Programs

Teen Girls Wellness Retreat (Ages 12-16)

Description: The Teen Girls Wellness Retreat is an opportunity for female-identifying individuals ages 12-16 to develop mental and physical self-care and wellness skills alongside their peers in a supportive and fun environment. Activities include art, goal setting, guided meditation, movement, and learning about topics such as mental health, nutrition, and body image. **Equipment needed:** Packed peanut-free lunch. **Program Date:** Friday July 14,

10a.m.- 3 p.m.

Art of Conversation (For parents with teens 12+)

Description: Art of Conversation is a program for youth/teens ages 12+ and their parent/guardian/grandparent to create, connect and communicate in a supportive setting. Participants will explore a different creative medium each week, connecting and strengthening their relationships as they work together to learn something new. No artistic experience necessary. **Program Date:** Fridays May 26, June 9 and 23, and July 7 and 21 from 6 – 8 p.m. To register for any of these programs, please email me (Alida Kelly <alida.kelly@canmore.ca>) **Alida Kelly RSW (she/her) [why do I include this?](#) Youth/Teen Family Support Worker** Family Connection Centre Town of Canmore (403) 678-8944

Parent Resource - 6 Pillars of Well Being. <https://www.seethesigns.ca/resources/>

Electronic Smoking Devices: [Link Here](#)

Bow Valley Settlement Services Information and March newsletter [Click Here.](#)

Follow the [link](#) to view the highlights in the new look 'The Brief' from the March Public School Board Meeting.

School Fees

School Fees have now been posted in your PowerSchool account.

How to Pay School Fees

You can pay your **School Fees** online through your **PowerSchool Parent Portal Account**; the link is on the cchs.crps.ca webpage. Once you sign on, under Navigation click Student Fees.

Payments can be made by Credit Card (MasterCard & VISA) and INTERAC.

If you wish to pay by Cheque, Cash, or Tap & pay, you can do so through the CCHS Main Office.

In cases of Financial Hardship, please contact Sarah McKay in the main office for a Fee Waiver Form at 403-678-6192, or email sarah.mckay@crps.ca.

If you have any questions or concerns, please contact Sarah McKay.



WANTED HOST FAMILIES



**CRPS is looking for new host families.
Host an international student: share your home, culture and
learn about a new one. Monthly remuneration.**

More info, please contact:

Phone: (403) 609-6072

Email: homestay@crps.ca

Address: 618 7Ave. Canmore



[Follow this link to find out more!](#)



Palliative Care Society
of the Bow Valley

HeART Talk

Art Therapy Grief Support Group for Ages 14-17



If you are 14 - 17 years old and are looking for an inclusive, safe space to explore loss and grief then "HeART Talk" is for you.

In Art therapy, feelings and thoughts can be communicated without the use of words. Emotions can be explored in a drawing, painting, or a sculpture. They can be released onto a page or a canvas or kneaded into a piece of clay. Art-making can be soothing and calming, providing a safe outlet for relieving stress and releasing excess energy. Art therapy can also help the bereaved to celebrate positive memories by creating specific art-based pieces.



DETAILS:

In this 4-session group, participants will begin exploring their personal experience of loss by reflecting on their inner feelings, considering artful ways to cope, while finding support and encouragement from others who are sharing a similar journey.

Facilitators:

Bill Harder, Palliative and Grief Support Navigator from the Palliative Care Society of the Bow Valley and Vancouver Art Therapy Institute Student, Deanne Arada.

- Cost is \$20 for supplies
- Date and time to be determined with participants

**Contact Bill at bill.harderepcsbv.ca
to get more information and register.**

PARENT/GUARDIAN:

Your teens are invited to attend this grief support group. This is an art-therapy group to provide tools to deepen their journey of sorrow in a safe space through mindful art-making and sharing with peers.

We are committed to inclusion. This group honors gender, racial, and neural diversity.

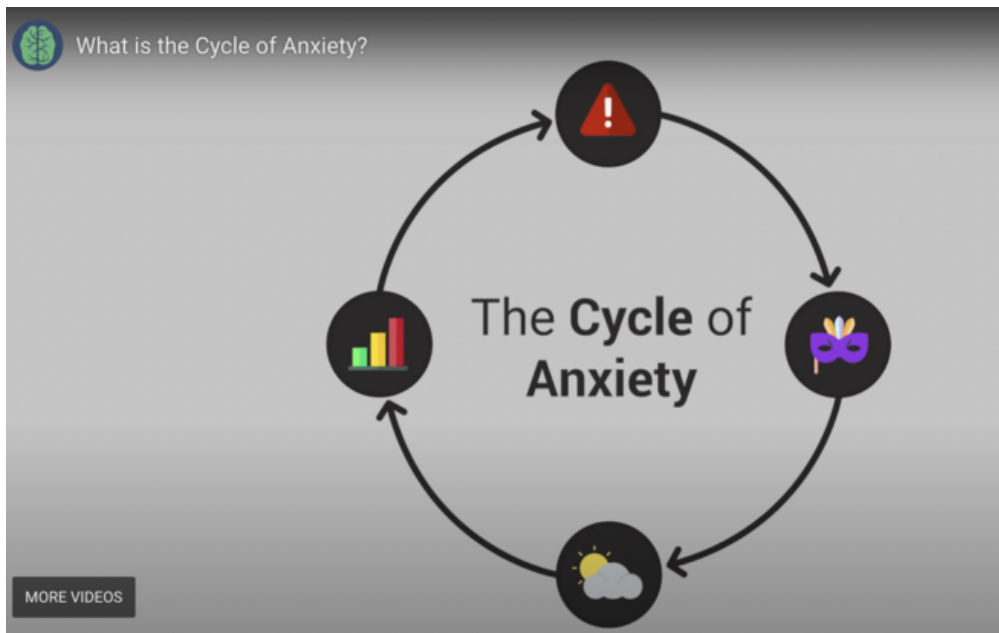
#202 - 1080 Railway Avenue
Canmore, Alberta T1W 1P4
403-458-0433

PCSBV.CA

Family Resource Network

[The Bow Valley Family Resource Network](#) is offering a variety of programming throughout the month of September for families with children ages 0-18. In addition to the Family Resource Network programming, the Family Connection Centre will be running drop in Social Connections programming. This programming is run through the Town of Canmore municipality. [Please click here for Social Connections programming.](#)

<https://www.youtube.com/watch?v=-CAd9o9OIqM>





Check out the [Post Secondary Link](#) on our school website to learn about upcoming information!

[Link to the website is here](#)

Student Attendance

A reminder that if your student will be late for class or leaving class early, please Call the attendance line at 403-678- 6192 ext 1 .

Leaving class early:

If your student must leave school early for the day or for part of the day, for an appointment, please notify the school. Students must sign in and out of the office if they are leaving school or returning after an appointment (note this in not required during lunch hour).

Extra Curricular News

As a school we are working hard to balance the requirement to keep our students safe with social distancing, good hand hygiene and masking, with extra curricular initiatives. We do ask that students who are not directly working with teachers or involved in an extracurricular activity leave school at 3:30 so that we can properly clean our spaces.



Please ensure you can logon to Parent Portal. Look for the PowerSchool button on our school webpage or [click here](#). This is where you will access daily updates on your student's marks and attendance, school fees and more. Final term report cards are also shared with you through Parent Portal and are not mailed out from the school.

** Alberta Education has now made student access to their official transcript of marks available to all grade 10- 12 student available through a myPass account (myPass.alberta.ca). Grade 10 marks will first appear after the first semester.

Upcoming

Missing important happenings at CCHS? But are awash in emails? Find information through one of the medium listed below. Get connected become involved.
[school website calendar](#).

- Follow us on Facebook ([here](#))
- Join us on Twitter for quick updates. [@CCHS Canmore](#)
- Follow us on Instagram – [cchs.canmore](#)
- Follow our YouTube channel for happenings at CCHS in 60-90 secs. – [Collegiate Corner](#)-
- Check out our Daily School Announcements [here](#).-
- 2020/2021 [Student Handbook is here](#). Find important CCHS dates such as parent/teacher interviews, course change information, exams and much more.
- Past Newsletters can be found [here](#).