## Academics, Artistry, Athletics, Attitude

October 16-20 , 2023

## (For archived Newsletters please click here)

#### Message From School Council

School Council AGM is this Tuesday Oct 17th at 7pm in the CCHS library or virtual link.(Agenda & Link here) Please come join us to catch a glimpse of the 22/23 year in review and welcome new members who agree to hold positions. The School's Guidance counselor, Kim Janse, will be giving a presentation on post secondary options. Come and ask her questions as to supporting your child. Students will be giving us a brief update. Mr. Rogers will be sharing Data collected that will go towards planning for the next 4 years. Parents' perspectives are really valuable when it comes to analyzing survey results and School Annual Reports. Don't miss your opportunity to make a difference. Hope to see you there.

Get Your Wolverine Wear (here) - a great idea for Christmas gifts.

#### **Post Secondary Planning Events**

*Monday, Oct.* **16** (**1:00** pm - **2:30** pm) we will be hosting an ELAA (Educational Liaison Association of Alberta) event, in the circle. There will be approx. 20 post-secondary institutions within Alberta attending this fair.

Alberta OOP (Out of Province) fair. It will take place on *Friday, Oct. 20* (9:00 - 11:00), in the gym. There will be approx. 40 post-secondary schools from outside of Alberta at this event.

## Parent - Student-Teacher Conferences Appointment Booking Opens

Between Monday October 16th and Tuesday October 24th parents will be able to book an appointment with their child's teachers to meet with them to discuss progress, goals and support in all their courses. Parents will receive an email on Monday morning to explain how to do this. We strongly encourage students to come with their parents in order for them to have a productive conversation and be part of the plans for moving forward. Conferences will be either in person, virtual or by phone but please note the different dates for these forms to be available:

Wednesday October 25th - 5-8 pm IN PERSON ONLY

Thursday October 26th - 5-8pm VIRTUAL OR PHONE ONLY

Friday October 27th - 8.30-11.30 am IN PERSON, VIRTUAL OR PHONE

More information on how to book a Parent -Student-Teacher Conversation can be found here.

## SHAD

Attention, high school students of Canadian Rockies Public School! Are you looking to transform your summer into an unparalleled learning experience? Look no further. Shad 2024 offers Grade 10 and 11 students an unrivalled opportunity to immerse themselves in the world of STEAM and entrepreneurship, connecting with like-minded peers from across Canada and even internationally. With two exciting program options – an on-campus experience at one of 21 premier Canadian universities, including the University of Calgary, or the flexible Shad Anywhere digital experience – there's something for everyone. <u>Click here for further details</u>.

## **CCHS Blood Drive**

A Grade 12 Leadership team will be organizing several blood drives for fellow classmates this year. They will be presenting to classes about the importance of blood, organ and stem cell donations as well as setting up an opportunity for Grade 12's to swab their cells to provide possible stem cell donations in the future. This will be orchestrated by medical staff from Blood Canada. Our first blood drive will be **Oct. 24**.

## 2023-2024 Annual Demographic Update and Freedom of Information and Protection of Privacy (FOIP)

Reminder to all Parents to please go to your <u>Parent Portal</u> to complete your students annual Demographic Update. It is imperative that we have your correct information on file. Each year the Freedom of Information and Protection of Privacy (FOIP) Provisions consent must be completed as well which is a part of the annual update.

## How to Pay School Fees

You can pay your **School Fees** online through your **PowerSchool Parent Portal Account**; the link is on the <u>cchs.crps.ca</u> webpage. Once you sign on, under Navigation click Student Fees.

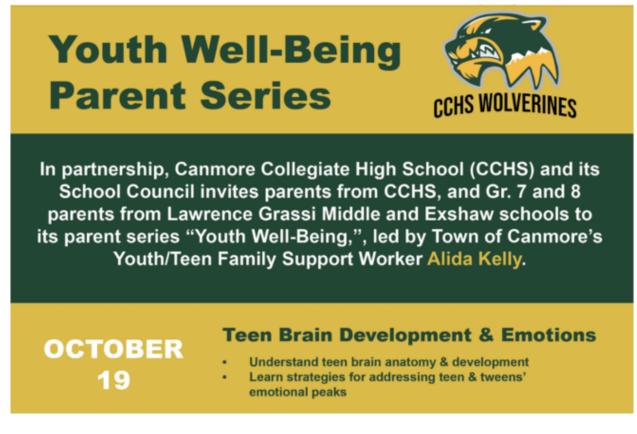
Payments can be made by Credit Card (MasterCard & VISA) and INTERAC.

If you wish to pay by Cheque, Cash, or Tap & pay, you can do so through the CCHS Main Office.

In cases of Financial Hardship, please contact Sarah McKay in the main office for a Fee Waiver Form at 403-678-6192, or email sarah.mckay@crps.ca.

If you have any questions or concerns, please contact Sarah McKay.

# Upcoming CRPS /Family Connection Centre Workshop series (<u>more info</u> <u>here</u>)



## **Teen Brain Development and Emotions**

Thursday October 19 (CCHS Theatre - 7pm - 9pm)

Description:

In this workshop, a registered social worker will discuss basic brain development and anatomy concepts as they relate to teens and adolescents, and share strategies for responding to teens and tweens' big emotions.

## **Boundaries and Communication**

Tuesday November 7 (CCHS Theatre - Time TBA)

In this workshop, a registered social worker will share information on and strategies for setting boundaries with teens and tweens. Topics discussed will include: the importance of boundaries, communicating boundaries, the importance of saying no, and what boundaries and communication have to do with mental health and family well-being.

## Mypass

Just a reminder that Grade 10 - 12 students to set up their Mypass so they can access their school transcripts and tracking their high school credits. Here is a step by step guide for setting up MyPass

## PLEASE READ:

Check out our Daily School Announcements <u>here</u>. Please check the announcements for up todate information on Team practice times.

2023-2024 School Calendar

## The Week Ahead

## Monday, October 16, 2023

- Big Breakfast come have a free breakfast in the cafeteria
- ELAA Post Secondary Institutions Fair 1pm
- Girl's Rugby Conditioning Sessions 3:45pm 4:45pm

## Tuesday,October 17, 2023

- Gender Sexuality Alliance (GSA) meeting in the Library All welcome.
- Jazz Band new members welcome Lunch Time in the Music Room
- School Council Meeting 7pm CCHS Library

## Wednesday,October 18, 2023

- Student Council Rm 1210 @lunch all students welcome
- Photo Retakes

## Thursday, October 19, 2023

- Jazz Band new members welcome Lunch Time in the Music Room
- Synbio Club meeting -lunch Mr. Symington's room -Rm 1001

• CCHS Youth Well Being Parent Series -CCHS Theatre 7 pm- 9pm

## Friday,October 20, 2024

- Big Breakfast come have a free breakfast in the cafeteria
- Alberta OOP (Out of Province) fair 9 am -11 am

## Upcoming Dates

- October 25: Parent Teacher Student Conferences 5-8pm
- October 26: Parent Teacher Student Conferences 5-8 pm
- October 27: Parent Teacher Student Conferences 8.30-11.40am
- October 27: No classes for students
- November 2: Last day of Quarter 1 classes Grade 9

#### News

Registration is now live for Family Connection Centre (FCC) fall programs! All Family Connection Centre programs are 100% free of charge. To register for any of these programs, you can go through the Town of Canmore <u>website via this link</u> or email frnadmin@canmore.ca

Here are just some of the courses offerred.

**Parenting Anxious or Worried Youth** (for parents and caregivers with children/youth ages 7-18)

As a part of our practical parenting series, this workshop is for parents or caregivers of children/youth who experience anxiety or worry. This program aims to increase parent's capacity to use positive parenting strategies that can help children overcome their anxiety.

## **Girls Connect** (for youth ages 10-13)

This program is designed for self-identifying girls ages 10-13. Being a tween can be stressful and this program focuses on fostering a welcoming and safe environment to discuss, explore and ask questions on important topics. Individuals are encouraged to get involved in facilitated discussions and fun activities where there are opportunities to practice the skills needed to succeed in school, relationships, and into teenage life.



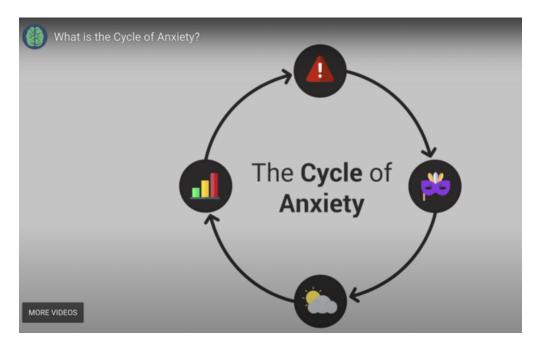
CRPS is looking for new host families. Host an international student: share your home, culture and learn about a new one. Monthly remuneration.

More info, please contact: Phone: (403) 609-6072 Email: homestay@crps.ca Address: 618 7Ave. Canmore

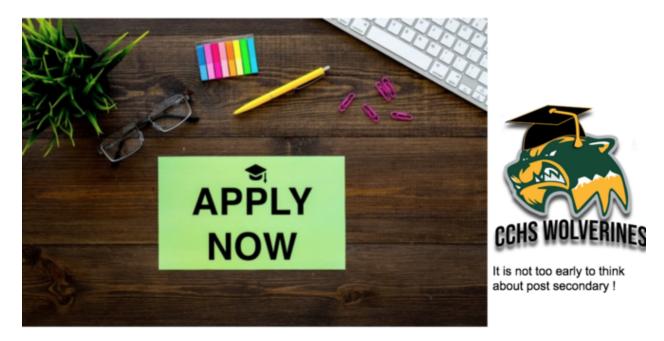


## **Family Resource Network**

<u>The Bow Valley Family Resource Network</u> is offering a variety of programming throughout the month of September for families with children ages 0-18. In addition to the Family Resource Network programming, the Family Connection Centre will be running drop in Social Connections programming. This programming is run through the Town of Canmore municipality. <u>Please click here for Social Connections programming</u>.



## https://www.youtube.com/watch?v=-CAd9o9OlqM



Check out the Post Secondary Link on our school website to learn about upcoming information!

#### Link to the website is here

#### **Student Attendance**

A reminder that if your student will be late for class or leaving class early, please Call the attendance line at 403-678- 6192 ext 1 .

#### Leaving class early:

If your student must leave school early for the day or for part of the day, for an appointment, please notify the school. Students must sign in and out of the office if they are leaving school or returning after an appointment (note this in not required during lunch hour).

## **Extra Curricular News**

As a school we are working hard to balance the requirement to keep our students safe with social distancing, good hand hygiene and masking, with extra curricular initiatives. We do ask that students who are not directly working with teachers or involved in an extracurricular activity leave school at 3:30 so that we can properly clean our spaces.



Please ensure you can logon to Parent Portal. Look for the PowerSchool button on our school webpage or <u>click here</u>. This is where you will access daily updates on your student's marks and attendance, school fees and more. Final term report cards are also shared with you through Parent Portal and are not mailed out from the school.

\*\* Alberta Education has now made student access to their official transcript of marks available to all grade 10- 12 student available through a myPass account (<u>myPass.alberta.ca</u>). Grade 10 marks will first appear after the first semester.

## Upcoming

**Missing important happenings at CCHS?** But are awash in emails? Find information through one of the medium listed below. Get connected become involved. <u>school website calendar</u>.

- Follow us on Facebook (here)
- Join us on Twitter for quick updates. @CCHS Canmore
- Follow us on Instagram cchs.canmore
- Follow our YouTube channel for happenings at CCHS in 60-90 secs. <u>Collegiate</u> <u>Corner</u>-
- Check out our Daily School Announcements here.-
- 2020/2021 <u>Student Handbook is here.</u> Find important CCHS dates such as parent/teacher interviews, course change information, exams and much more.
- Past Newsletters can be found here.