



FAMILY CONNECTIONS CENTRE

The Family Connections Centre provides **free** prevention and early intervention services and supports for families and children ages 0 - 18.

VISIT US!

600A 9 Street, Canmore
Mon-Fri, from 8:30 a.m. - 4:30 p.m.
Sat. from 9 a.m. - 12 p.m.

frnadmin@canmore.ca
403.678.2529

Services & Supports



Drop-in
Programs

Sign Up

Registered
Programs



Individual
Support



Developmental
Screening

PROGRAMS

The Family Connection Centre offers free programs, workshops, and courses for families in the Bow Valley focusing on social connections, social/emotional development, mental health skills and more.



Scan the QR code to access our drop-in programs



Scan the QR code to access our registered programs

INDIVIDUAL SUPPORT

Family Support Workers are available to meet individually with families with children ages 0-18 to identify needs, develop goals and build family capacity. Here are some of the ways we can support you:

- child development
- sleep support
- life skills
- sibling challenges
- behaviour management
- post-partum depression and anxiety

DEVELOPMENTAL SCREENING

Curious about your child's development? Check up on their development by completing free online Ages & Stages Questionnaires. These questionnaires focus on communication, gross and fine motor skills, problem-solving, personal and social skills, and social/emotional development. Once completed, a trained professional will review the questionnaire and will provide activities to enhance development and/or make referrals to community agencies, if necessary.



Scan the QR code to complete the Ages & Stages questionnaire